



# NEARBY ECOLOGY

TRAINNING COURSE



28th October-3rd November



Cerralba- Pizarra (Málaga)

Romania, Italy, Germany,  
Bulgaria, Estonia, Ukraine,  
Spain



# NEARBY ECOLOGY

## #NbyE

### Infopack

**Cerralba- Pizarra**  
**28<sup>th</sup> October – 3<sup>rd</sup>**  
**November 2021**

#### Partners Project:

- Italy: Studio Progetto Società Cooperativa Sociale
- Germany: Jugend Bildung und Kulturrev (JuBuk)
- Bulgaria: Active Bulgarian Society
- Estonia: Noored Uhiskonna Heaks
- Romania: Youth Association from Transylvania
- Ukraine: Kharkiv association for active youth "Stella"
- Spain: Grupo de Desarrollo Rural Valle del Guadalhorce

## Some Little information about our Project

NEARBY ECOLOGY is a 7 days training course related to environmental awareness and how to reduce CO2. Frame in Erasmus+ program, 24 youth-workers will work together to create, promote and spread innovative ways to solve common problems of rural areas at the same time that we respect the environment, enhance sustainable development and open new paths for youth employability.

As organization which works to promote the rural development of our region, especially in the fields of youth and environment, we plan this training course in order to promote sustainable development and environmental care among young people from Europe, boosting their creativity and opening opportunities.

Through this project, we will live a real experience by building compost pile, bees wrap, cleaning products, recycled paper and little eco constructions of cane. Moreover, the fact of working outdoors will promote a healthy and active lifestyle in touch with nature and the use of non-formal education methodology will develop skills on initiative and entrepreneurship, social and civic competences, communication skills and technical and mathematical competences.

The project also aims to carry out instagram tutorial of the elements built to facilitate the process of remembering how we did it when any person (in particular participant) wants to practice at our own countries. Also, will be a way of publishing in order to promote education for sustainable development and eco-building among young people from other countries, because we really believe on the power of people to transform the territory at the same time that they grow, personally and professionally.

### **OBJECTIVES**

- Enable young people and youth-workers to acquire new skills and techniques through practical and real experience.
- To increase awareness among youth-workers of Europe about the necessity to educate in environmental values and to enhance eco-building as a way to reduce our impact on the environment (using natural materials for building, creating renewable and green energy...) and as a way to create new careers opportunities.
- To empower young people, boosting their desire to react and to act, in order to become future aware and supportive citizens.

## When and Where

The dates of the project are from **28<sup>th</sup> October to 3<sup>rd</sup> November 2021** (including arrival and departure days).

The venue will be in CERRALBA, PIZARRA (MÁLAGA) Spain



In our village, there is not a hostel that we can pay for, so the accommodation will be very basic. We will sleep all together in a mixed room and only two showers will be available, so a good schedule will be displayed to guarantee hygienic among participants. So, **you will need to accept this before coming**.

We know that this will be a challenge, but our objective is to work on the development of rural areas, even if the resources are limited. We are willing to find people that is ready to break down personal limits and open up! 😊

The Village is very rural, so does not offer a wide range of services, but there is a little shop, and we will do our best to provide common goods for share



## Basic information that we need to know

Find the schedule of the activities attached below! There you can have all the information about our workshops and daily routine.

Please, let us know as soon as possible:

- If someone has a special diet (vegetarian, vegan...) or food allergy (gluten, lactose...).
- If someone has some sickness or allergy.
- Or any other special need you may have

### Documents that you need to fill up:

#### 1. Participant Sheet: **To be completed before 7<sup>th</sup> October 2021**

We need to know basic information about the participants as soon as the group has been created. In the following link you can find a form to be filled:

<https://docs.google.com/forms/d/e/1FAIpQLSf977Cig8vImbUQBWpYxEhRNcnMXLZWx766xGqV8X6QUR0XcA/viewform>

#### 2. Google form completed by each participant with the flight and travel information: **to be completed before 14<sup>th</sup> of October 2021**

<https://docs.google.com/forms/d/e/1FAIpQLSsexZJh-0-vx1LR3macM-t04w9L8532ZR9PpgsHckJPFppjw/viewform>

## Travel cost and budget

The cost of the food and accommodation will be covered 100% by the Spanish National Agency, furthermore, travel costs will be granted with an amount according to the travel distance.

According to the Erasmus + Guide for 2019, the amount per participant will be:

- For travel distances between 500 and 1999 KM: **275€** per participant (Italy, Germany)
- For travel distances between 2000 and 2999 KM: **360€** per participant (Bulgaria, Romania)
- For travel distances between 3000 and 4999 KM: **530€** per participant (Estonia, Ukraine)

**Remember to keep all your boarding passes and original travel tickets so we can reimburse you the travel costs!!**

**Please, before buy the ticket write to us, so we can check it.**

**Participation Fee:** We usually have a participation fee of 25€/person, but due to all the difficulties with COVID Test and other arrangements (travel insurance...) that you will need to face, we have removed this fee, so you will not have to pay it

## What do you need to bring?

Regarding to stuff to bring:

- Comfortable clothing.
- Towels, toiletries. We will provide basic goods for personal hygiene like Shampoo, hair conditioner, body gel, body milk, tooth paste, tissues and common hair dryer. So you don't need to bring them.
- A sleeping bag.
- Stuff for the Intercultural Evening: Local products from your area as well as brochures and information of your association, country and area.
- Some “ice breaking” activities prepared.
- Your ID and insurance documents (European Health Insurance Card)
- We recommend you to bring, your own water bottle, so we can avoid the use of plastic as much as possible.
- Good Mood!! 😊

## Rules

- Covid measures will need to be accepted. An antigen test will be provide at the welcome day. People vaccinated will have to do it, and people how had a test before flight we will consider repeat it depending of the duration of the test (PCR 72h and Antigens 48). In case of symptoms or positive results quarantine expensive will need to be covert by the participant (you can have an insurance for it)
- We will be host you in our building where our colleague will continue they working routine, so we will kindly ask you to keep silence specially from 8 till 15h
- Keep quiet atmosphere specially from 8-15h. Be aware of our space and take care of it! 😊
- Participants will have to bring their own towels and sleeping bag
- There is no possibility to extend your stay in that place.
- Smoking, drinking alcohol or consuming any other harmful substance it is forbidden in the building
- Participants have to respect the installations, the rooms and the common areas.

The rest of house rules will be created the first day of the training.

## What participant are we looking for

The participants must be youth-workers or young people active in environmental care, with an active and pro-active attitude and interested in the topic of the training. We do not require a professional knowledge to take part in this training course, but we will prioritize young people with experience related with the topic or motivation on it, people who are willing to share their experiences, to learn from others and to grow personally and professionally.

Besides, to keep gender balance in the whole group, we ask each partner to pay attention to gender and sexual diversity in the selection of participants.

We are looking for 3 participants of each of the countries with +18 years old

## How to arrive to the place

Málaga has one of the biggest airports in Spain, so hopefully you will find direct flights to Málaga.

The itinerary that you should follow is:

1. Go Terminal T3 in airport to take the train. There is just a line, called C1 RENFE CERCANIAS
2. Buy a ticket at the vending machine to PIZARRA – just a single ticket.
3. Take the train from the airport (Terminal T3) towards
4. Promptly get off the train at the stop VICTORIA KENT, and change the train destination to ALORA. Line 2 (C2)
5. You will be on this train around 20 minutes and then you have to get off the train at the stop PIZARRA

### **More information in the official train page:**

<https://www.renfe.com/es/es/cercanias/cercanias-malaga/horarios>

### **In any case, when we know your flight schedule we can help you to find the easiest way to get the place.**

## COVID-19 policy

As we all know we need to make some adaptations to the pandemic situation so, here you have some important questions:

- Before you travel, make sure what do you need to travel from your country to Spain (Covid passport, test, country form...)
- Costs for Covid tests required to travel can be included in your travel budget until the limit is reached (PCR or antigen test)
- We will do a Covid antigen test when you arrive to our place, because we will have to spent some time without our masks (sleeping or eating time), so we can be as safe as possible. This test will be compulsory for those who are vaccinated and they didn't have to do a test before the travel, and volunteer (depending on the valid hours (72 or 48h) for those who bring their PCR or antigen test negative. You won't have to pay for this test.
- We will be our own "Bubble group"
- You will have to bring your own masks, and please take in account that in public indoor places are mandatory.
- In case of needing quarantine for contact, symptoms or positive results in tests, participants will need to covert that expensive. So we highly recommend to have you own insurance.

- During the week we will:
  - o Have hand sanitizer for you
  - o Disinfect the common areas regularly
  - o Take your temperature every day
  - o Ventilation, or open air activities

## Our Facebook group

As soon as every entity have their group formed, you can ask to join our group in Facebook:

**“TC Nearby Ecology #NbyE – Málaga 2020”**

We will use this tool to communicate with each other, to post interesting articles or to share photos, videos etc. We will use it too after the youth exchange to disseminate and exploit the results. Here you can find the link:

<https://www.facebook.com/groups/3397934750233666/>

## How to contact us

**For further information and to send the information required:**

[juventudvalledelguadalhorce@gmail.com](mailto:juventudvalledelguadalhorce@gmail.com)

**Our address:**

**GRUPO DESARROLLO RURAL  
VALLE DEL GUADALHORCE  
C/Caña, S/N 29569 CERRALBA-  
PIZARRA (MALAGA)**

**To contact us by phone in case you need it:**

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## Timetable

TIME/DATE	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
8.00-9.30H	<b>ARRIVALS HALF OF THE TRAVEL DAY</b>	BREAKFAST					
MORNING SESSION 1 9.30-11.30H		PRESENTATION OF THE PROJECT GOALS, EXPECTATIONS, FEARS PROGRAMME	COMPOST THEORY	VISIT	SEEDS'S THEORY	WORKSHOP : MAKING SOAP	ERASMUS+
11H30-11H45		COFFEE BREAK					
MORNING SESSION 2 11.45H-13H30		RULES, SECURITY ISSUES. PRESENTATION GAMES.	WORKSHOP: HOW TO BUILD COMPOST	VISIT	SEED'S WORKSHOP	WORKSHOP : MAKING CLEAN PRODUCTS	YOUTHPASS
13.30-14.30		LUNCH					
14.30-15.30H		RESTING TIME					
15.30-17.30H	WELCOME GAMES	WORKSHOP: HOW TO MAKE PAPER	WORKSHOP: HOW TO BUILD COMPOST	WORKSHOP IN THE NATURE	WORKSHOP	WORKSHOP	DEPARTURES
17.30-17.45H	COFFEE BREAK						
17.45-18.45H	GETTING TO KNOW EACH OTHER AND THE SPACES	WORKSHOP: HOW TO MAKE PAPER	WORKSHOP: HOW TO BUILD COMPOST	WORKSHOP IN THE NATURE	AUDIOVISUAL RECOPIATION	GOODBYE ACTIVITIES	
18.45-19.00H	EVALUATION/LEARNING GROUPS						
19:00 - 20:00H	FREE TIME						
20.00-21.00H	DINNER						



EVENING	FRIENDSHIP BOX	INTERCULTURAL NIGHT (SPAIN, GERMANY, ESTONIA)	INTERCULTURAL NIGHT (ITALY, BULGARY, UKRAINE)	HALLOWEEN PARTY	GAMES NIGHT	FAREWELL PARTY	
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