



STUDIO  
PROGETTO  
COOPERATIVA SOCIALE



Funded by the  
Erasmus+ Programme  
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# HANDLE WITH CARE

A Youth Exchange  
about theatre  
& taking care

23 - 31 MAY 2022  
SCHIO | VICENZA  
ITALY

ERASMUS+  
KAI - Learning Mobility of Individuals  
KAI05 - Youth mobility



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of the European Union

Dear Participant,  
Welcome to ITALY and to the Youth Exchange **Handle with Care**.

Here you can find all the useful information you need to reach us  
and enjoy this week.

For any other questions and for communication when you arrive in  
Schio (VI), don't hesitate to contact us:  
[progettazione@studioprogetto.org](mailto:progettazione@studioprogetto.org)

Best wishes and see you soon,

Handle with care Staff



HANDLE  
WITH  
CARE



## WHO WE ARE

The Teatro Civico Foundation was born in 1993, founded by the Municipality of Schio, with the aim of promoting the restoration of the Civic Theater and taking over the management of theatrical activity in the area, consolidating theater reviews and training activities over the years. The Foundation creates and promotes reviews, workshops and cultural activities to spread the experience of arts in the territory, involving all audiences with particular attention to the younger generations.

For nearly 30 years it has been creating and promoting exhibitions of prose, music, dance, children's theater, workshops and cultural activities. The artistic-cultural-social activities interpret and respond to the differentiated demand of the area with a varied offer that is attentive to cultural, civil and social needs aggregation of citizens.

More info:

Website: <https://teatrocivicoschio.net>

Instagram: [@teatrocivicoschio](https://www.instagram.com/teatrocivicoschio)

Video: [www.youtube.com/watch?v=Oyn4A\\_78Lhw](https://www.youtube.com/watch?v=Oyn4A_78Lhw)

Theatre's brochure: <https://we.tl/t-3MhWuyX2zE>

## DESCRIPTION OF THE PROJECT

The Fondazione Teatro Civico of Schio is proud to invite you to the Youth Exchange Handle with Care within the framework of Erasmus+ Programme, aimed to sensitize young people to take care of people, environment and common goods through theatrical practice, body language, movement, dance and intergenerational encounters.

The foundation has been carrying out theater workshops for years for young people from the city's high schools involving around 150 girls and boys every year. Now we think it's time to open the doors of our theater to the creativity of young people who come from other places and are bearers of common values but experiences different from ours.

Participants will acquire transversal skills such as the ability to adapt, to collaborate in groups, higher self-esteem and will understand better what "thinking out of the box" means.



## AIMS

The YE Handle with care, in line with the Erasmus+ program, intends to promote equity and inclusion and to foster taking on social responsibility for the challenges the EU is facing. Taking care of the common goods, of the relations between members and fellow citizens, discovering that the European Union starts from individual behavior will help young people to increase their sense of European citizenship and to discuss and learn about the issues of diversity and intercultural dialogue thus strengthening values such as tolerance, respect for human rights, freedom, friendship.

## ACTIVITIES PROGRAMME

### DAY 1 - 23/05/22

#### Arrivals and welcome

Arrivals of participants

Accommodation and welcome activities

Welcome dinner

### DAY 2 - 24/05/22

#### Getting to know

Ice breakers e refreshments

Getting to know each other

Official Opening of the Youth Exchange

Guided tour to the Theater

Daily evaluation

Italian and Hungarian Intercultural evening

### DAY 3 - 25/05/22

#### Theme

Energisers e ice breaking games

Handle with care: the theme through theatre

Intro about the Youthpass

Daily evaluation

Portuguese and Estonian Intercultural evening



**DAY 4 - 26/05/22**

**Roles and taking care**

Energisers e ice breaking games  
workshop with the Campus Company theater  
workshop Dance well (with people suffering Parkinson's)  
Daily evaluation  
Spanish and Croatian Intercultural evening

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**DAY 5 - 27/05/2022**

**Creativity**

Energisers e ice breaking games  
Workshop to make papier-mâché masks  
Activity "The egg who want to fly"  
Daily evaluation  
Free time

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**DAY 6 - 28/05/22**

**Espression**

Energisers e ice breaking games  
Dramatization and improvisation  
Afternoon in the Theatre with dancers and  
choreographers to practice empowering dance  
Daily evaluation  
Night sleep at the Theatre (to be confirmed)

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**DAY 7 - 29/05/22**

**Performance**

Energisers e ice breaking games  
All day at the theater  
Campus Company show about a physicist, made by girls  
and boys from highschool

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**DAY 8 - 30/05/22**

**Final Evaluation**

Energisers e ice breaking games  
Self assessment moment  
Think for Future  
Final evaluation  
Youthpass and official closing ceremony  
Farewell evening

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**DAY 9 - 31/05/22**

**Departure**

Departure of participants

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## ADVANCE PLANNING VISIT

A preparatory meeting is foreseen between the leaders of each national group on the days 6th and 7th of April 2022 (+1 travel day)..

## PARTNERS AND COUNTRIES

Fondazione Teatro Civico	Italy
Studio Progetto Soc. Coop. Soc. (supporting partner)	Italy
Partner Up Estonia	Estonia
YOPA - Fiatalok az Állampolgári Részvételért Közhasznú Egyesület	Hungary
LUMEN	Croatia
Asociación de Desarrollo Social Participativo IMAGINA	Spain
Check In	Portugal





## PARTICIPANTS

We expect 5 participants aged 16-19 + 1 youth leader (older than 23 yo and no upper age limits) from each partner, taking into consideration the gender balance. We are looking for young people who are interested in the topic, motivated, with a proactive attitude.

A good command of English is not required to expand access to the greatest number of young people and is not required a previous theatrical experience.

Instead, it is desirable that the leader has a good level of English and that he/she has gained some previous experience in projects Erasmus+, in order to ensure an expert figure able to guide and support their group throughout the whole process, from preparation to the end of the dissemination activities.

## GENERAL RESPONSIBILITIES OF PARTICIPANT

- Behave as responsible person;
- Able to actively attend the entire duration of the youth exchange;
- Able to attend 100% of the program;
- Able to respect time table of the educational activities;
- Settle all the agreed obligations regarding travel costs;
- Promote healthy lifestyles;
- Respect others and ensure basic rights and freedoms to participants and facilitators that all people are entitled to regardless of nationality, sex, age, national or ethnic origin, race, religion, language, or other status;
- Respect time and content framework;
- Willing to transfer knowledge to the members of his/her organization;
- Take care of working space and materials;
- Be responsible for personal and others safety;
- The organizational team keeps the right to exclude participants from the exchange or reduce/cancel the reimbursement of the travel costs of the participant in case that participant does not respect the rules and responsibilities of the exchange.

## ACCOMMODATION

During the Youth Exchange participants will be lodged in a very nice and comfortable house in a green area on the hills of Schio, in Vicenza province. The house has 3 big rooms with bunk beds.

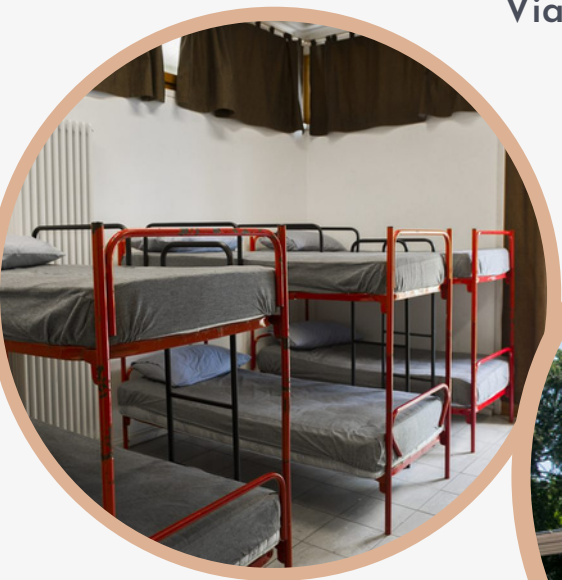
You will share a room (around 10 people for each room) only with representatives of the same gender.

Showers and toilets are on both the two floors of the house.

Pillows, linen and blankets are provided, but don't forget to bring your towel, since it is not provided.

There is no wi-fi in the house since the signal is very bad. Instead in the Theater wifi is good

The address is San Gaetano Village in località Bosco del Tretto,  
Via del Colletto, 15 Schio (Vicenza).



More pictures and the detail information here:  
<http://www.villaggiosangaetano.it/casa-vacenze-elvira>

Accommodation and meals will be covered by the project,  
same as the foreseen activities.



## BASIC RULES DO YOU NEED TO RESPECT

We will be hosted in a San Gaetano's Village, where possibly there will be more young people and children developing other workshops and activities. This means that, during the exchange, smoking, drinking alcohol or consuming any other harmful substance is forbidden in the Elvira's House and the surroundings. So please, be aware of the space and take care of it!

### RULES

- Participants will have to bring their own towels (bed sheets are provided).
- There is no possibility to extend your stay at San Gaetano's Village.
- It is forbidden to smoke in the building.
- It is absolutely forbidden to consume alcohol.
- Participants have to respect Villaggio San Gaetano installations, the rooms and the common areas. If they break something they will pay for that.
- It's forbidden to consume food in the rooms or to take food out of the common dining room.
- Participants are not allowed to move furniture.
- It's forbidden to make noise after 12 at night and before 8.00 in the morning.





## ATTENTION!

We need to know in time if you have particular necessities regarding food (vegetarian/vegan) and allergies.

We prepared an online form to collect all this info, so if you haven't filled in it yet, please provide it as soon as possible!

<https://forms.gle/MGcgdfr4lxrZzwcY9>

## WHAT TO BRING WITH YOU

*Yourself (of course!!!), your motivation to enjoy the exchange and the life and your best curiosity to meet other cultures!!*

- Your passport or ID card
- Your European Health Insurance Card  
(<https://ec.europa.eu/social/main.jsp?catId=559>)
- Your Green Pass  
([https://ec.europa.eu/info/live-work-travel-eu/coronavirus-response/safe-covid-19-vaccines-europeans/eu-digital-covid-certificate\\_en](https://ec.europa.eu/info/live-work-travel-eu/coronavirus-response/safe-covid-19-vaccines-europeans/eu-digital-covid-certificate_en))
- All your travel tickets (if you want the reimbursement; for what concerns the flight ticket, remember to keep the boarding pass -> "A boarding pass is a document provided by an airline during check-in, giving a passenger permission to board the airplane for a particular flight. As a minimum, it identifies the passenger, the flight number, and the date and scheduled time for departure. In some cases, flyers can check in online and print the boarding passes themselves");
- Surgical Masks (we won't provide them)
- Medicines - if you need them (anti-allergy pills, pain killers, aspirin etc.)
- Personal bottle for water
- All necessary for personal hygiene, like shampoo, towels (sheets will be provided by us), hair dryer, etc...
- Comfortable clothes and gym shoes.
- Other stuff you might need (camera/film, toilet things, etc.)

We will certainly take advantage of the place surrounded by nature for walks or activities in the woods, be prepared for that!



## PREPARATION OF THE GROUP

For the best preparation for the activities, we ask each participant to fulfill the following tasks:

1. Identify **3** objects that tell about themselves as people and the place where they come from.
2. Find information on the theater closest to them (photos, articles, videos)
3. Start a reflection with your national group on the meaning of "taking care" starting from your local context (eg etymology) and express the results through the preferred method (e.g. drawing, diagram, performance, video, etc.)
4. Prepare the intercultural evening dedicated to their country with typical food and entertainment
5. Prepare some ice-breaking games and energizers to be offered at the beginning of each day

## COVID MEASURES

For participants coming from countries of the European Union and the Schengen area the entry in Italy is allowed **ONLY** with **COVID-19 Green Certificate**.

The **COVID-19 Green Certificate** makes it easier to travel to Italy and other countries of the European Union and to the countries of the Schengen area. To enter Italy with the **COVID-19 Green Certificate**, travellers must meet one of the following conditions, as shown in the Certificate:

- Have completed the prescribed anti-SARS-CoV-2 vaccination cycle for at least 14 days
- or have recovered from **COVID-19** in the last 6 months
- or have taken a molecular or antigen swab test within 48 hours prior to entering Italy with negative results.

It might happen that the project will be postponed if the situation gets too bad and they will apply more travel restrictions.



As the restrictions are constantly changing then we cannot tell what's going on by the time of our youth exchange.

Please check carefully the rules for your country and the newest updates here:  
<https://www.salute.gov.it/portale/nuovocoronavirus/dettaglioContenutiNuovoCoronavirus.jsp?lingua=english&id=5412&area=nuovoCoronavirus&menu=vuoto>

## HOW TO REACH SCHIO

Schio is a town in Vicenza province, in Veneto region, in the North East of Italy. To reach it first of all you have to go to Vicenza and from there, take a train or a bus to Schio.

We are ready to welcome you after 15.00 of the arrival day.

Once you're travelling please text us your steps so we can be aware of where you are and the time it will take you to get to the place and call us once you're in Schio so that we can come and pick you up!

We will provide you with a dedicated telephone number

The nearest airports are:

Verona [www.aeroporto.verona.it/passeggeri\\_t5](http://www.aeroporto.verona.it/passeggeri_t5)

Venice [www.veniceairport.it](http://www.veniceairport.it)

Venice-Treviso [www.trevisoairport.it](http://www.trevisoairport.it)

A bit farther but still fine (your flight should land not after 16.00/17.00):

Milano-Bergamo [www.sacbo.it/Airpor/portalProcess.jsp](http://www.sacbo.it/Airpor/portalProcess.jsp)

Milano-Malpensa [www.milanomalpensa-airport.com/it](http://www.milanomalpensa-airport.com/it)

Bologna <https://www.bologna-airport.it/en>

We will give you detailed info about local transportation from the main airports to Schio in the next month.

Before purchasing the flight tickets please ask for our approval.

Be aware!! Green Pass is needed to travel to Italy!



## FROM VERONA "CATULLO" AIRPORT

From Verona airport you have to take the bus to Verona Porta Nuova (railway station). The Aerobus service from the airport to the train station runs every 20 minutes, every day of the week. To check the bus connections to the train stations of Verona Porta Nuova: [http://www.aeroportoverona.it/en/aerobus\\_t2](http://www.aeroportoverona.it/en/aerobus_t2)

The ticket costs 6€.

Then you will take a train from Verona to Vicenza and from Vicenza to Schio.

There are trains from Verona to Vicenza every hour. When you arrive to Vicenza, need take a regional train to Schio. You can check the site of the Italian railway station, there is an English version, so it will not be difficult for you. The site is: <https://www.trenitalia.com/en.html>

Prices go from 7,80€ up to 16,00€... The regional trains are cheaper than Frecciabianca, and it takes only 15 minutes more. From Vicenza to Schio the price is 2,30 or 4,60€.

## FROM TREVISO "CANOVA" AIRPORT

### Option 1 (Cheaper!!)

From Treviso airport you have to take the bus n.6 to the train station Treviso Centrale. Bus stop is in Via Noalese, to the right of the airport exit.

Tickets are available at the airport / train station (€ 1,20) or in bus (€ 2,50, the driver is not obliged to give change).

Bus stops are in front of the airport and train station.

Here is the timetable:

<http://www.mobilitadimarca.it/en/p/routes-and-timetables/treviso-airport>

Then you will take a train from Treviso Centrale to Vicenza and from Vicenza to Schio.

There are trains from Treviso Centrale to Vicenza very often. When you arrive to Vicenza, need take a regional train to Schio. Anyway you can check the site of the Italian railway station, there is an English version, so it will not be difficult for you.

The site is: <https://www.trenitalia.com/en.html>

Prices go from 8,30€ up to 9,70€.



## Option 2

From TREVISO airport you have to take the bus to the train station of Venezia-Mestre :

[http://www.atvo.it/index.php?lang=en&area=23&menuid=36&view\\_pc#](http://www.atvo.it/index.php?lang=en&area=23&menuid=36&view_pc#)

Here you have the timetable: <https://www.atvo.it/it-orari-e-autolinee.html>

The ticket costs 12€ one way (return ticket 22€ with 10 days validity).

You can buy it online, (they say that you have a discount but it is not true... it costs the same also in the automatic ticket machine), or on board Ryanair flights or in the automatic ticket machine/ticket office in the airport.

Then you will take a train from Venezia-Mestre to Vicenza and from Vicenza to Schio.

There are trains from Mestre to Vicenza very often, anyway you can check the site of the Italian railway station, there is an English version, so it will not be difficult for you.

The site is: <https://www.trenitalia.com/en.html>

Prices go from 8,30€ up to 19,50€...

The regional trains are cheaper than

Frecciabianca, and it takes about 30 minutes more.

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## FROM VENICE "MARCO POLO" AIRPORT

From Venice airport you have to take the bus to the train station of Venezia - Mestre:

<http://www.atvo.it/index.php?>

[lingua=en&area=menustandard&idpadre=23&idmenu=35](http://www.atvo.it/index.php?lingua=en&area=menustandard&idpadre=23&idmenu=35)

Here you have the timetable

[https://www.atvo.it/allegati/aeroporti/linea\\_35\\_b\\_-\\_dal\\_13.09\\_al\\_2.10.2021.pdf](https://www.atvo.it/allegati/aeroporti/linea_35_b_-_dal_13.09_al_2.10.2021.pdf)

The ticket costs €8 (€ 15 round trip).

You can buy it online (you can have a discount but only if you buy more than one ticket), or in the automatic ticket machine/ticket office in the airport.

Then you will take a train from Venezia-Mestre to Vicenza and from Vicenza to Schio.

There are trains from Mestre to Vicenza very often, anyway you can check the site of the Italian railway station, there is an English version, so it will not be difficult for you.

The site is: <https://www.trenitalia.com/en.html>

Prices go from 8,30€ up to 19,50€... The regional trains are cheaper than Frecciabianca, and it takes about 30 minutes more.

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### PAY ATTENTION:

for the following airport you should land before 15.00 to be able to reach Schio with public means of transportation!!

## FROM MILANO-BERGAMO "ORIO AL SERIO" AIRPORT

From Milano-Bergamo (Orio al Serio Airport) you have to take the bus "Orio shuttle" to Milano Centrale (railway station).

The bus leave from Arrivals, Platform 2 every half an hour and it takes about 50 minutes to arrive in the Milano Centrale train Station.

The ticket costs 10€.

You can check the timetable and you can also buy it online at this website [http://www.orioshuttle.com/\\_eng/](http://www.orioshuttle.com/_eng/) choose the yellow one (number 1) „Orio al Serio > Milan Central Station“

Then you will take a train from Milano to Vicenza and from Vicenza to Schio. There are trains from Milano to Vicenza every hour, anyway you can check the site of the Italian railway station, there is an English version, so it will not be difficult for you.

The site is: <https://www.trenitalia.com/en.html>

Prices go from 17,55€ up to 28,00€...

The regional trains are cheaper than

Frecciabianca, but sometimes you can find special offers also for Frecciabianca tickets.

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If you are lucky you can catch a cheaper Flixbus (only one per day arrives straight to Vicenza).

Another option is to take a Flixbus to Verona and from Verona take a train to Vicenza (Flixbus stop is very near to the train station).

<https://global.flixbus.com>

## FROM MILANO MALPENSA AIRPORT

From Malpensa airport you have to take the Malpensa express, the train goes to Milano Centrale (railway station) 20 times every days.

The ticket costs 13€ one way (return ticket 20€ with 30 days validity).

You can check the timetable and you can also buy it on line at this website

<http://www.malpensaexpress.it/en/> choose "on-line ticket" from "Milano Aeroporto" to "Milano Centrale".

Then you will take a train from Milano to Vicenza and from Vicenza to Schio. There are trains from Milano to Vicenza every hour, anyway you can check the site of the Italian railway station, there is an English version, so it will not be difficult for you.

The site is: <https://www.trenitalia.com/en.html>

Prices go from 17,55€ up to 28,00€... The regional trains are cheaper than Frecciabianca, but sometimes you can find special offers also for Frecciabianca tickets.

If you are lucky you can catch a cheaper Flixbus (only one per day arrives straight to Vicenza). Another option is to take a Flixbus to Verona and from Verona take a train to Vicenza (Flixbus stop is very near to the train station).

<https://global.flixbus.com/>



## WEATHER

Before leaving your home country please check the weather forecast at:

<https://www.ilmeteo.it/meteo/Schio>

Usually in spring time, the weather is quite warm but it could be rainy (a lot!!!), so bring warm clothes and suitable shoes.

## FINANCIAL CONDITIONS

All accommodation and food costs will be covered by the project.

Travel costs will be reimbursed according to the distance band fixed by the European Commission.

You will receive back your travel costs up to the amount stated by the European Commission according to the distance band (see the table below), by giving us all your tickets, boarding passes and bills related to the travel.

The reimbursement will be paid only by bank transfer after receiving all the tickets.

### AMOUNT OF THE REIMBURSEMENTS FOR EACH COUNTRY:

GROUP N.	COUNTRY	TRAVEL REIMBURSEMENT
1	Estonia	€ 275,00
2	Croatia	€ 180,00
3	Portugal	€ 275,00
4	Hungary	€ 275,00
5	Spain	€ 275,00



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For any information, please write to [progettazione@studioprogetto.org](mailto:progettazione@studioprogetto.org)

**We are waiting for the participants list as soon as you can,  
fill in the following online registration form**

**<https://forms.gle/MGcgdfr4lxrZzwcY9>**

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*Can't wait to meet you!  
Handle with care staff*